



***THE
AMATEUR ATHLETIC UNION
2009***

***KUNG FU & TAI CHI
NATIONAL CHAMPIONSHIPS***

SATURDAY AUGUST 22, 2009

ROUND ROCK, TEXAS

[HTTP://WWW.AAUNATIONALKUNGFUCHAMPIONSHIPS.COM/](http://www.aaunationalkungfuchampionships.com/)

LATE REGISTRATION 7 AM

TAI CHI... BEGINS @ 8 AM

KUNG FU... BEGINS @ 10 AM

THE MAIN EVENT FINALS..... BEGINS @ 7 PM

NOT JUST A TOURNAMENT

A FESTIVAL OF CHINESE MARTIAL ARTS IN AMERICA

CLAY MADSEN RECREATION CENTER

Welcome to all of you
From Dave Pickens Event Director

Hello and greetings to all our old friends as well as welcome to those new to the AAU Chinese Martial Arts Division. Our best and warmest wishes go out to each of you for a great time Masters, Instructors, Competitors, and Families alike. It gives me great pleasure to extend to you an invitation to attend the United States National Kung Fu and Tai Chi Championships set for the AAU Chinese Martial Arts Division for 2009 that will be held in Round Rock/Austin, Texas on Saturday August 22, 2009.

No matter if it's your first time to come to Texas or you are an old friend we offer a warm "Texas Howdy Partner"...No we do not all really talk like that, but our hearts are warm and friendly and we will be glad to show you our hospitality!

Note this year will have some changes,

The evening Main Event will feature exhibitions by the days advanced forms champions, the finals of the advance applications divisions will be decided, along with some world renowned Masters doing demonstrations and some outstanding recognition awards for pioneers in our art.

You may want to get in early to take part in our "workshops "in the park on Sunday.

Due to the down turn in the economy we are holding our Tai Chi Group and Kung Fu group competition with a different twist! We will be accepting video presentation of your group beginning on June 1 through August 10, 2009. The videos will be judged and the winners will be notified on August 15th their presentations will be on display at the tournament on monitors. Afterwards they will be featured on our youtube page. Note have your school do a 3 minute min – 4 minute max demo send it to us in the standard u tube format and send your team entry form and fee along with proof of AAU registration of each of the team members. This will cost \$40 plus each member will have to furnish their member number in the AAU.

We sincerely hope you like what we are doing with the AAU CMA and look forward to hearing your comments.

*Dave Pickens
AAU National Chair
Chinese Martial Arts Division*

This is a preliminary list of activities planned for the :
2009 AAU Chinese Martial Arts Division

KUNG FU  **TAI CHI**
NATIONAL CHAMPIONSHIPS

AUGUST 22, 2009
ROUND ROCK, TEXAS

"NOT JUST A TOURNAMENT A FESTIVAL OF CHINESE MARTIAL ARTS IN AMERICA"

WWW.KUNGFU-TAICHI-CHAMPIONSHIPS.COM

Late Registration 7 AM
Tai Chi Begins at 9 AM
Kung Fu Begins at 10 AM

Main Event @ 7 PM Doors Open

Dragon Dancers come into the area leading people in the doors to the event

Evening MC Welcome and acknowledgement of VIP's

Lion Dance

Select Master's Demo – Exhibitions from the Days Champions – Finals in Advanced Reactionary Skills - Awards for Pioneers and Legends

Friendship Party Follows

Sunday in the Park

Workshops 10 AM at Tai Chi Kung Fu Park Directions will be furnished at the event/

Registration: Early Bird Pre-Registration" is registration postmarked with payment by May1, 2009

Mail Pre-registration to United Martial Artist for Community Development
at 601 Great Oaks Dr.B-300. Round Rock, Texas 78681.

Note the price of mail in registration goes up to \$55 after May 1st and the price at the door is \$60 cash only. You must be an AAU member to participate.

Events

(Circle your selections) – Note: All divisions subject to change if needed) See www.aau.org for rules.

Experience (**Total martial arts training**): Beginner <1 Yr. Intermediate 1-3 Yrs. Advanced 4+ Yrs.

External:

A. Open Hand Forms:

● Northern Kung Fu ● Southern Kung Fu ● Wushu ● Kenpo/Kajukenbo/ Pan-Asian Arts ● Island Arts

* Ages 5-7

* Ages 8-10

* Ages 11-13

* Ages 14-18

* Adult

* Executive (35+)

B. Weapon Forms:

● Staff ● Spear ● Open Chinese ● Open Non-Traditional
● Wushu ● Broadsword

* Ages 5-10

* Ages 11-18

* Adult

* Executive (35+)

C. Continuous Sparring:

* Ages 5-7

* Boys 11-14

* Boys 15-18

* Adult - Men

* Executive Men (35+)

* Ages 8-10

* Girls 11-14

* Girls 15-18

* Adult - Women

* Executive Women (35+)

D. Shuai Chiao:

* Men ≤ 140 lbs.

* Men 141-160

* Men 161-180

* Men 181-200

* Men 201+

* Women ≤ 130 lbs.

* Women 131-160

* Women 161+

* Youth (divided at site)

E. San Shou:

* Men ≤ 130 lbs.

* Men 131-145

* Men 145-160

* Men 161-175

* Men 176-190

* Men 191-205

* Men 206+

* Women ≤ 120 lbs.

* Women 121-135

* Women 136-150

* Women 151+

F. Weapon Sparring:

● Staff ● Sword ● Single Stick (adults only) ● Knife (adults only)

* Ages 5-7

* Ages 8-10

* Ages 11-14

* Ages 15-18

* Adult

G. Self Defense:

* Youth

* Adult

H. Chi Sau:

* Adult (divided at site)

I. Video School Demonstration Competition:

* School/Team Name: _____

Internal:

A. Open Hand Forms:

● Yang ● Wu ● Chen ● Wu Hao ● Hsing Yi ● Paqua
● Open ● Group Tai Chi (musical)
* Youth * Adult * Group Name _____

B. Weapon Forms:

* Adult Straight Sword – Curved Sword – All other Tai Chi Weapons

C. Push Hands: Women and Men Adult Divisions & Two Age Divisions 18 – 39 and over 40 Divisions

● Fixed Step ● Moving Step
* Men ≤ 155 lbs. * Women ≤ 130 lbs.
* Men 156-190 * Women 131-160
* Men 191+ * Women 161+

